

## **COVID PROCEDURES FOR TRAVELING PARTICIPANTS AND STAFF**

Hands of Peace is determined to keep everyone as safe and healthy as possible during the Summer Program. It is important that all involved in the program – participants, staff, host families and volunteers – follow these guidelines recommended for schools and camps by medical professionals to protect both individuals and groups involved. Please keep in mind that it is everyone's responsibility to adhere to these guidelines for the health and safety of the entire group.

Please note, these procedures may change, depending upon state and local guidelines and recommendations from the Hands of Peace doctors.

### **AT HOME—BEFORE TRAVELING FOR HANDS OF PEACE**

- During the 7 days prior to arrival, wear a high filtration mask (N95/KN95/KN94-level) when indoors in public or crowded spaces. This includes grocery shopping, supply shopping and any other indoor shopping or public places.
- Please avoid indoor dining at a restaurant. Outside dining is permitted.
- Avoid large gatherings (for example, sporting events or concerts).
- Notify your Regional Manager or Site Director immediately if you experience COVID symptoms, or have positive COVID test results.
- Take a rapid COVID **3 days prior** to the date of travel; notify your Regional Manager or Site Director if you test positive.
- Take a rapid test **within 24 hours** of travel and show a copy of the test results or a photo to your Regional Manager or Site Director; notify if you test positive. You may not participate or travel if you test positive.
- Please bring high filtration masks (N95/KN95/KN94 level) masks. Masks will be provided on-site during the program.

### **WHEN TRAVELING**

- You are required to wear a high-quality filtration mask at all times in the airport, on the airplane, and on buses from the airport, unless eating or drinking. Please adhere to no longer than 15 minutes without your mask while eating meals. Wear your mask properly over your nose & mouth.
- Staff will be monitoring your use of masks; please cooperate
- Wash hands frequently for 20 seconds minimum

## **UPON ARRIVAL AND FIRST THREE DAYS**

- Continue to wear your mask indoors for the first three days of the program and with your host family, unless you are outdoors or eating.
- Once the doctor on duty gives the go-ahead, masks may be reduced.

Thank you for your cooperation. We will provide more detailed procedures shortly.